

Welcome to the Birthing Unit



Where *family* begins

Welcome to the Birthing Unit



Congratulations on the upcoming birth of your baby!

At Stevenson Memorial Hospital, our Obstetrics team is dedicated to safe, quality care.

Our highly trained nurses and midwives will pay special attention to your specific needs and wishes for your childbirth experience. We know that every family is unique and our team will provide care that suits the needs of family.

Enjoy this virtual tour and then call us to book your in-person visit to meet our staff and see where your baby will be born.

Coming to the hospital



- When you arrive at Stevenson Memorial Hospital, please park in the visitor lot and proceed to the Emergency and Main Entrance.
- The Birthing Unit is located on the 1st Floor of the hospital.



Registration Desk



- Patients in active labour should register at the desk located at the main entrance.
- We offer direct communication with a registered nurse 24 hours a day for anyone needing labour and pregnancy support. Call 705-435-6281, ext. 2235

Getting to the Birthing Unit



- When you leave the registration desk, turn left and proceed down the hallway, to the first Right turn.
- If you require a wheelchair, they are available at the front entrance.

Signage to the Birthing Unit



- Turn right and follow the blue arrows to the next set of doors

Arriving at the Birthing Unit



- Walk through the double doors and turn left into the birthing unit. Continue following the blue arrow to the nursing station.

Nursing Station



- All patients arriving at the Birthing Unit are assessed by an experienced labour and delivery nurse.

Your Plan of Care



- Following assessment, the patient, nurse and physician or midwife will develop a plan of care based on the mother's condition.

Private Birthing Room



- When admitted, you will be given a private birthing room equipped with a birthing bed, fetal monitor and infant care system and private 3-piece washroom.
- A reclining chair is available for mother's partner.

1 on 1 nursing care

- Nurses provide 1 on 1 care during labour and combined care for mother and baby after birth.
- Your nurse will assist you and answer your questions and provide tips on baby care.



Whirlpool Bathtub

- Some moms enjoy relaxing in the whirlpool tub during labour for pain control.
- Epidurals are also available.
- Ask your nurse for details about pain control.



Caesarean Births available



- The safety of you and your baby is our top priority.
- If you require a Caesarean Birth, you will be taken to the OR.
- After the baby is born, you will spend 1-2 hours in a post-operative recovery before returning to the birthing unit.

After your delivery



- After delivery, your baby will be examined by a nurse and a physician and, in most cases, placed skin-to-skin with mother or father.
- An ID band matching Mom's wristband will be placed on the baby's ankle. Mom's partner will also receive an ID band.

Newborn Care

- Access to skilled paediatricians 24-7 for newborn care



What to bring to hospital



For Mom	For Baby
Personal focal point	24 to 36 diapers
Soap, shampoo and conditioner, tissues, powder, lip balm, lotion, hairbrush, toothbrush and toothpaste	Baby wipes, diaper cream
Sanitary pads	Sleepers, blankets
Nightgown, robe, slippers, warm socks	Going home outfit
Camera, gum/hard candy, telephone list, change for vending machine	Safety-regulated infant car seat

Come for a visit!



- [Sign Up](#) for your in-person tour of the birthing unit at Stevenson Memorial Hospital.
- \$10 per person or \$15 per couple.
- Call for more information 705-435-6281, ext. 2233.



Where *family* begins