



TO BOOK AN APPOINTMENT: Phone: 705-435-3377 ext. 1298 Fax: 705-434-5126

Please bring a copy of the requisition with you to your appointment.

BONE MINERAL DENSITY (BMD) REQUISITION

BRING THIS REQUISITION WITH YOU		
Appointment Date: (dd/mm/yy)	Appointment Time:	
Name:	Н	ealth Card #:
Date of Birth: (dd/mm/yy)	Telephone #:	
Address:		
BELOW AREA MUST BE COMPLET	ED BY	ORDERING PHYSICIAN
Check Applicable Box	Low Risk	☐ High Risk
Mandatory ***If High Risk State Reason Here***		
Other Relevant Clinical Information:		
Referring Physician Name: (print)		
Referring Physician Signature:		Date: (dd/mm/yy)

Patient preparations and instructions on reverse side.





BONE MINERAL DENSITY REQUISITION (BMD) Patient Preparations

Patient Preparations:

- Do not take calcium supplement within 24 hours before the test
- · Wear clothing without metal buttons, belts or zippers
- · No barium or nuclear tests in the week before the test

ABOUT BONE MINERAL DENSITOMETRY (BMD) TESTING

Why Bone Mineral Densitometry testing?

- To establish a baseline for BMD.
- To detect low bone density before a fracture occurs.
- To confirm a diagnosis of osteoporosis.
- To monitor the effects of treatment over time.

BMD Testing is safe and easy

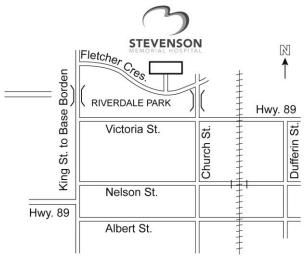
A BMD test is simple, safe, non-invasive, and painless – you don't even need to undress in most cases. Some common questions about BMD tests are:

Is a BMD test the same as a bone scan?

No. A bone scan – which may help identify certain bones abnormalities such as infection, inflammation, and cancer – requires an injection of radioactive material. A BMD test requires no special preparation, medication, or injection.

How much radiation will I be exposed to?

You will be exposed to very little radiation. As with any procedure, be sure to inform your physician if you are pregnant.





H-BONMDR