



200 Fletcher Crescent  
Alliston, Ontario L9R 1W7

PATIENT LABEL

### Pulmonary Function Referral

FAX: 705-434-5111

PHONE: 705-435-3377 x 5133

Patient Name:
Address:
Phone:
Diagnosis:

**Full PFT** (Pre & Post Spirometry, lung volumes and diffusion, oximetry)

Spirometry Pre ONLY (NO bronchodilator given)

Spirometry Pre & Post

Home Oxygen Assessment (oximetry, ABG if indicated and/or Independent Exercise Assessment)\*

ABG  On Room Air  on \_\_\_\_ L/min oxygen

Independent Exercise Assessment (IEA)

6 minute walking oximetry  On Room Air and/or  on \_\_\_\_ L/min

*\*Arrangement for home oxygen will be made if criteria is met, (unless otherwise indicated below)*

No Home Oxygen set-up without an order from the attending physician

**Symptoms:**  Cough  Wheezing  Dyspnea  Effort intolerance

**Smoker:**  No  Yes \_\_\_\_ packs/day for \_\_\_\_ years

Ex-smoker quit for \_\_\_\_ years was \_\_\_\_ packs/day for \_\_\_\_ years

**Medications & Additional Information:**

- Patients must not take short acting bronchodilator for four hours prior to testing and long-acting bronchodilators for twelve hours
- Patients to arrive 15 minutes earlier to register
- To cancel or change appointment please call Outpatient department at 705-435-3377 x 5133

Referring Physician Name:	
Referring Physician Signature:	Date:
Phone #:	Fax#:



H-PULFR

SM0208-03 December 2024



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## ***Pulmonary Function Referral*** **PATIENT INSTRUCTIONS**

**DO NOT TAKE YOUR INHALERS** - **unless** you are having difficulty breathing or have been told otherwise by your physician.

If you feel you must take your inhalers due to shortness of breath – **TAKE YOUR INHALERS** and call Outpatient department 705-435-3377 x 5133 to reschedule your appointment.

- ✓ STOP the following inhalers 4 hours before your test appointment: Ventolin, Atrovent, Bricanyl and Bombivent
- ✓ STOP all other inhalers 12 hours before testing

### **DAY OF YOUR TEST**

Proceed to Registration inside the main entrance of Stevenson Memorial Hospital, please register here and then proceed to the 2<sup>nd</sup> floor to the outpatient department to check in for your test.

- ✓ Do NOT smoke or have any caffeine for 4 hours before the test
- ✓ Wear loose clothing and have a light meal – No fasting is required
- ✓ Do not wear any scented products
- ✓ Bring a complete list of your current medications including dosages. **BRING YOUR INHAHLERS WITH YOU**
- ✓ Call to postpone our test if you are having any cold or flu like symptoms, severe headache or diarrhea

**To Cancel your Appointment Please Call: Outpatient department 705-435-3377 x 5133**

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### **Pulmonary Function Testing**

This test involves a series of breathing maneuvers to measure how well your lungs are working. You will be asked to breath in and out as though you are blowing out many candles with 1 breath.

*If you have had a recent heart attack or stroke, blood pressure problems that are not controlled by medication, a pulmonary embolism, an aneurysm or recent eye or abdominal surgery, please inform the technician prior to the test.*

### **Walk Tests or Home Oxygen Testing**

This test is a short walk along a hallway and may be with or without oxygen. Oxygen levels and heart rate will be monitored by a finger probe oximeter during your walk. A blood sample may be required if indicated by your physician, this will be taken from the artery in your wrist. (Arterial Blood Gas)

