



# PATIENT GUIDEBOOK

## 2025

*THIS COPY IS YOURS TO KEEP.*



**STEVENSON**  
MEMORIAL HOSPITAL

**SMH  
By the  
numbers  
2023-2024**

**459**  
Births

**8,474**  
Non Invasive  
Cardiac Exams

**13,410**  
Inpatient  
Days

**31,278**  
Emergency  
Visits

**19,028**  
Diagnostic  
Imaging  
Xray

**4,210**  
Surgical  
Procedures

**3,510**  
Dialysis  
Treatments

**5,226**  
Ultrasounds

**24,246**  
Outpatient  
Clinic Visits

**4,069**  
Mammographies

**7,975**  
Computed  
Tomographies

**158**  
Physicians/  
Midwives

**Our Vision: Setting a New Standard  
in Community Hospital Care**



# Welcome Message from the Interim President and CEO

For nearly a century, Stevenson Memorial Hospital has remained a cornerstone of our community, embodying a legacy of dedication and excellence in healthcare. For generations, it has served as a beacon of hope, offering high-quality and compassionate care to individuals of all ages. Stevenson Memorial Hospital continues to serve as a vital healthcare facility where individuals receive essential medical care, and embark on their journeys toward recovery and improved well-being.

As we progress in our journey of growth, innovation, and change, it is crucial to emphasize the advancements made in our efforts to revitalize Stevenson Memorial Hospital.

From 2025 to 2028, the construction of the new facility will be visible to patients and the community. The new hospital addition will wrap around the existing building, tripling the hospital's size and revitalizing many clinical areas. The inpatient bed capacity will increase by 20 per cent. The Emergency Department will also triple in size and feature its own separate entrance with enclosed ambulance bays. Additionally, there will be enhancements to laboratory space, surgical suites, inpatient rooms, diagnostic imaging, birthing suites, and more.

Given the population growth in our area and the outdated 1964 infrastructure, it is imperative that we expand and revitalize for the benefit of our community today and for future generations. We have already taken steps toward the vision of a new and revitalized Stevenson Memorial Hospital, and we are excited about the future. It is with sincere gratitude that we express our appreciation for your ongoing support. Without the unwavering dedication of individuals like you, our ambitious Redevelopment Project would not have become a reality.

For more information about our redevelopment project, and to stay up to date on SMH news, please visit our website at: [www.stevensonhospital.ca](http://www.stevensonhospital.ca)

We are delighted to present this guidebook as a helpful resource on important information regarding our programs, services and what you need to know when visiting our hospital.

Thank you for your support. Together, we are shaping a brighter future for our hospital and community.

With warm regards,

Barbara Steed, Interim President and CEO

Please note: We are constantly changing to meet your needs. Information presented here may be subject to change.

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## Our Vision, Mission and Values

### Vision:

Setting a New Standard for Community Hospital Care.

### Mission:

Promising Progress, Pursuing Perfection.

### Values:

- **Integrity:** We adhere to the highest ethical principals.
- **Compassion:** We respond to our patients’ needs with empathy.
- **Accountability:** We are accountable to one another and to our community.
- **Respect:** We embrace the diversity of our patients, staff and community.
- **Excellence:** We support a culture of distinction.

Our values influence how we make decisions and guide the way we work each day with each other, patients and their families. With the help of our communities, Stevenson Memorial Hospital (SMH) developed a Patient Declaration of Values that reminds us of what is most important to the people who depend on us for safe, high quality healthcare services.

# Getting Here

Alliston is located on Highway #89, west of Highway 400. Take the turnoff to Highway 89 West and proceed approx 20 kms along the highway into Alliston.

Highway #89 follows Victoria Street, King Street & Young Street as it passes through Alliston.

## **From the East:**

Take Victoria Street to Church Street and turn right. Proceed over the bridge and turn left at Fletcher Crescent. The hospital is located on the right side of Fletcher Crescent across from Riverdale Park. Use the water tower as a landmark.

## **From the West:**

Take Young Street until it ends at King Street. Turn left and continue on King Street past the traffic lights at Victoria Street. Turn right onto Fletcher Crescent (the 1st street past the bridge). The main hospital driveway is the second entrance to the hospital on your left and it proceeds up the hill to additional parking.

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## Patient and Family Experience Advisors Shaping Stevenson's Future

Everyone has a healthcare story to tell and at SMH our patients' experiences are helping to shape the future. As part of our commitment to providing the highest quality care to this community, we created a Patient and Family Advisory Council to provide input and tell us what's going well and where we need to make improvements.

The Advisory Council represents the community – the people who rely on the Hospital each day. It is comprised of patients and family members, along with staff and physicians who have direct input into policies, programs, and practices that affect the patient experience at SMH. Volunteer participants are encouraged to share first-hand experiences and provide recommendations on all aspects of life at the Hospital including access to services, program and space design, signage, and communication.

We are always looking for individuals from diverse perspectives and backgrounds to join the council. If you are interested in becoming Patient and Family Advisory Council member or want to know more information, please contact the Patient Experience Office using the contact information below.

## **Questions and Feedback?**

If you have any feedback or questions about your experience at Stevenson Memorial Hospital, please send an email to: [patientexperience@smhosp.on.ca](mailto:patientexperience@smhosp.on.ca)  
or call: (705) 435-3377 ext. 2310.

# Patient and Family Information

## Admitted to the Hospital?

### What to Bring?

#### The following items are recommended upon admission:

- Your current valid Health Card and any additional insurance coverage.
- Photo identification that includes: your name, address, and date of birth (e.g. Driver's License).
- Bring all the medications you are currently taking. Once your physician or nurse has seen them they should be sent home with a family member.
- Although we provide patient gowns, you may want to bring pajamas and a bathrobe. Please bring slippers or shoes that are non-slip.
- You will also need a toothbrush, toothpaste, facial tissue, shampoo, body/hand lotion, comb, or brush.
- If you use a hearing aid, bring it with you along with extra batteries and make sure it is insured.
- Newborn - diapers, sleepers, and appropriate clothing for discharge.
- Custom-designed aids such as walkers and wheelchairs.
- If you use a CPAP machine (Continuous Positive Airway Pressure), please bring it with you.

### What to Leave at Home?

- All valuables such as rings, watches, jewelry, and large sums of money should be left at home.
- If you have valuables with you ask a relative or friend to take them home for you.
- Stevenson Memorial Hospital is not responsible for money, valuables, or other personal property kept in your room, including dentures, eyeglasses, and hearing aids.

### Upon admission, you should also be prepared to provide information on:

- Your current home address, with postal code and telephone number.
- The name of a spouse, partner, or next of kin and information on how they can be contacted.
- Any allergies you might have to food, medication, or other substances.
- Valuables brought into the hospital.

**Your care is our priority, let's be partners!**

**Don't be afraid to ask questions. Asking questions will help you understand:**

- What is my diagnosis?
- What are my treatment options? What are the benefits of each option? What are the side effects?
- Will I need a test and for what? Why do I need the test? What will the results tell me?
- What will the medicine you are prescribing do? How do I take it? Are there any side effects?
- Should I continue all of my regular medications?
- Why do I need surgery?
- Are there other ways to treat my condition? How often do you perform this surgery?

## Patient Safety

**Stevenson Memorial Hospital is committed to patient safety. Please help us keep you safe by following these tips.**

For your safety, you will be asked the following questions many times while at the hospital (e.g. when providing care or medications). The information is very important and we will be asking them often.

- What is your name and date of birth?
- Do you have any allergies?
- Are you taking any medications?
- Have you fallen in the last month?

This is an example of how we partner with you to improve patient safety and we thank you for your patience.

## Patient Identification

An armband will be placed on you when you register at the hospital. This armband needs to remain on you for the duration of your stay. Your healthcare provider will check your identity before providing care or medication.

## Medications

Be sure to give your healthcare provider a complete list of all the medications you are currently taking, how much you are taking, and how often you are taking them. Include herbal, dietary supplements or over-the-counter medications and any medication allergies.

## Allergies

Information about allergies to drugs/medications, foods, the environment, or latex (rubber) is important for your care. Please let us know if you have any to include in your health record.

## Footwear

We encourage you to wear appropriate footwear while in the hospital. To maintain a safe environment, we try to keep our floors free of objects that might cause you to fall. Please tell a member of your healthcare team or ring your call bell if your room needs additional attention or if a spill has occurred.

## Visiting at Stevenson

Stevenson Memorial Hospital welcomes visitors 24 hours per day, 7 days per week.

Stevenson Memorial Hospital is currently a mask-friendly environment. Policies regarding wearing a mask may change throughout the year depending on the level of transmission of viruses in the community (i.e. flu season). Visitors must wash their hands before entering and after leaving a patient's room. We ask visitors to not enter the hospital if experiencing respiratory symptoms (i.e.: COVID-19) or are high-risk (i.e. contact with a confirmed case). Hospitalized patients are often immunocompromised and visitors must be diligent in protecting their own family and friends as well as the other neighboring patients.

For the most up-to-date information regarding visiting, please visit [www.stevensonhospital.ca](http://www.stevensonhospital.ca)

We encourage patients in wards and semi-private rooms to be respectful of both the privacy and the needs of all the patients in the room.

## Waiting in Emergency

Patients are assessed by a nurse on arrival to prioritize needs. Those who are critically ill or injured will be seen first. The time you are at the hospital may be impacted by your need for lab tests and x-rays, or specialist consultations. Please remember the Emergency Department may look quiet when it is very busy. Staff may be caring for seriously ill patients behind closed doors. Stevenson has launched an **ED Wait Time Clock**, which indicates the number of patients being seen, the number of patients waiting, and the estimated wait time to see a physician. The Clock is available in the ED waiting room and on our website: [stevensonhospital.ca](http://stevensonhospital.ca)

## Smoking

Stevenson Memorial Hospital is 100% smoke-free! As a healthcare facility, we strive to assist in the prevention of medical diseases such as lung cancer, chronic pulmonary diseases, asthma, and other respiratory conditions that can be caused by smoking and the effects of second-hand smoke. Smoking is prohibited in all areas of the hospital including the exterior grounds, parking areas, and vehicles. This policy applies to staff, volunteers, students, visitors, and patients who are within the boundaries of Stevenson Memorial Hospital.



## Transportation

When the need for this travel is not related to the care being provided to the patient by the hospital, it is considered to be “non-urgent” transportation:

- If a patient has an appointment that does not correspond to their hospital care i.e. eye doctor, dentist, etc.
- For patients requiring stretcher or wheelchair transport that cannot be accommodated by the family.
- For discharge to a private home, long-term care, or retirement home.
- For patients with extended benefits, the cost of the transfer may be covered by their insurance company.

### When will Stevenson Memorial Hospital Pay for Transportation Costs?

The hospital will pay for transportation (private patient transfer) when an appointment is related to ongoing inpatient medical care (i.e. a specialist consultation at another hospital). If the patient is stable and not confined to bed, family or a substitute decision-maker are encouraged to drive the patient.

### When Can I Use an Ambulance?

An ambulance is used for emergency, life-threatening, and urgent situations or when paramedic care is medically necessary as determined by the hospital.

- If you have an invalid Health card, or you are from out of province/country, the cost for a land ambulance is \$240
- Patients who have a valid Ontario Health Insurance Provider (OHIP) Card are required to pay \$45 for a land ambulance.
- We do not charge for air ambulances.

## Birthing Suite

As a Level I birthing unit, Stevenson Memorial Hospital provides parents with the environment and expertise that offers a special welcome to the newest member of their family. We offer expert and compassionate care for mothers and their babies before, during, and immediately after giving birth. Your partner or support person may stay with you throughout labour and birth. Our team of health care professionals includes midwives, the “Baby Doctor Team”, and anesthesia coverage for epidurals and cesarean sections 24/7. Our goal is to make your childbirth experience as memorable and safe as possible, before during, and after the birth of your baby.



# Day Surgery and Operating Rooms

## Day Surgery

The Day Surgery unit handles most of the surgical cases at Stevenson Memorial Hospital. The nine-bed unit is located across from the operating room suite and provides a variety of surgical services. These services include:

- Orthopedics (arthroscopy, foot, and ankle surgery)
- Ophthalmology (cataract surgery)
- General Surgery (gall bladder, hernia, breast cancer, and bowel procedures)
- Gynecology (Hysterectomy, C-Sections, D & C and Tubal Ligation)
- Endoscopy Procedures
- Dental Program (Restorations, Extractions and X-rays)

## Operating Rooms

The surgical suite is comprised of two operating room theatres, one endoscopy suite, and a recovery room. The operating room is used by several surgeons, including three general surgeons. Surgical services are supported by both full-time and associate anesthetists and provide services for both inpatients and outpatients.

Coverage is provided 24 hours a day by on-call physicians and nurses. Booked surgical cases are done Monday to Friday from 8 a.m. to 3 p.m.

Surgical support is also provided by Headwaters Health Care Centre in Orangeville, Southlake Health in Newmarket, and Royal Victoria Regional Health Centre in Barrie.

## Diagnostic Imaging

The Diagnostic Imaging Department provides diagnostic exams for inpatients, emergency patients, and outpatients. The department completes almost 40,000 exams per year.

Services include:

- Computed Tomography (CT) – all areas of the human body
- X-ray - procedure of all areas of the body, performed 24/7
- Ultrasound – a procedure of general ultrasound, guided breast biopsy, obstetrical, venous Doppler, and other
- Digital Mammograms – Ontario Breast Screening Program (OBSP)
- Bone Mineral Densitometry – a procedure to test/measure the mineral content of the bone and identify osteoporosis.



## Food Services

The cafeteria, situated on the lower level of the hospital, is a central hub that provides a range of refreshments to patients, staff, and visitors.

There are a selection of snacks, coffee, tea, and a diverse array of juices and cold beverages through our vending machines, which are accessible 24 hours a day. This provision is designed to cater to the needs of our patients, staff, and visitors, ensuring that they have access to refreshments at any time of the day or night. A coffee/hot chocolate station is available in the main lobby. Snacks and beverages are also available for purchase in the Treasures & Treats Gift Shop.

## Laboratory Services

The Laboratory Department provides 24/7 laboratory testing for in-patient and emergency patients. Some tests are referred out to our partners.

## Mental Health Services

The Mary McGill Community Mental Program at Stevenson Memorial Hospital is an outpatient Mental Health program that provides individual and group counselling services to the surrounding community of southern Simcoe County:

- The Mental Health Team at Stevenson Memorial Hospital is comprised of social workers, nurses, and psychiatrists who work in an inter-professional outpatient environment driving a holistic approach that promotes recovery, health, and wellness.
- Walk-in inquiries are welcome.
- Individual and group services are offered using a variety of modalities including cognitive behaviour therapy, acceptance, and commitment therapy, and mindfulness approaches.
- Two part-time psychiatrists offer consultation upon referral from a family physician.
- The main contact number for the clinic is 705-434-5140.
- The Crisis Team is available 7 days a week. 24-hour Crisis Line (for after hours): 1-888-893-8333 or 1-855-310-COPE

For more information, please call the clinic's main phone line.

## Outpatient Clinics

A wide variety of health care services are available on an outpatient (non-admitted patients) basis. Some of these clinics include:

- Ear, Nose, and Throat Clinic
- Cardiology Clinic
- Chronic Kidney Care Clinic
- Sleep Clinic
- Prenatal Clinic
- Ophthalmology
- Diabetic Education

All clinics require a referral through your family physician. Please ask for directions to the outpatient clinics at the Visitor Information Desk in the main lobby at the entrance to the hospital. For full list of our outpatient clinics, please visit our website.

## Outpatient Cardiac Monitoring

The Laboratory provides 24-hour Holter monitors, ECG (electrocardiogram), and two-week loop testing. For an appointment please call 705-435-3377 ext. 5133.

## Parking

Parking is available at a flat fee of \$10.00 daily, \$32.00 weekly, and \$64.00 monthly (rates subject to change). Compliance is enforced by the Town of New Tecumseth. Parking passes may be obtained at machines located outside in the parking lots and fees can be paid by credit card or using coins. If you require change, there is a bank machine and a change machine located just inside the main entrance. Weekly and monthly passes are available. Passes are only available for purchase by credit card using the machine in the front lobby. Please park only in designated areas and be aware of the helipad restrictions. Vehicles parking in restricted spots (indicated with a green H) must be moved quickly in the event a helicopter arrives to airlift patients.

## Pharmacy

The hospital's team of pharmacists and pharmacy technicians provide medication distribution and clinical services to patients using a pharmaceutical care model. Services include Clinical pharmacist services (e.g., medication profile management, therapeutic drug monitoring, recommendations regarding medication therapy, patient counselling, and monitoring for adverse drug reactions and interactions). At SMH, we do not have a retail pharmacy on-site, so prescriptions will have to be filled at a retail pharmacy of your choice.

## Drug information

When you arrive at the hospital, please bring a list of your medications with you to help our pharmacists determine the proper course of action.

## Physiotherapy

The Rehabilitation Department provides quality, comprehensive physiotherapy services to inpatients with a universal goal to help people reach their full potential following an injury, surgery, or a health issue. Services are provided to inpatients by a dedicated team of physiotherapists/physiotherapy assistants and include:

- Wheelchair equipment for individuals with special needs.
- Provides slings for injuries.
- Assessments to prepare for discharge.
- Provide therapy for Rehab patients.

Outpatient physiotherapy is provided through Physiomed Alliston: (705) 812-6696. For patients who meet this criteria, treatments will be covered by OHIP.

# Volunteering

Volunteers/Auxiliary members play an important role in the welcoming atmosphere at Stevenson. They help ensure the hospital is a comforting place for both patients and visitors and that it runs smoothly and efficiently. The work of every volunteer is appreciated and valued by hospital staff and the community. Volunteers are needed throughout the hospital.

If you are interested, fulfilling and rewarding roles exist in the following areas:

- Patient Areas
- Emergency
- Ambulatory Care
- Rehabilitation Services
- Dialysis
- Diagnostic Imaging
- Surgical Day Care
- Information Desk
- Fundraising events
- Gift Shop and Coffee Corner
- Office Assistance
- Spiritual Care Visitors

## What do I need to do to become a volunteer?

- Submit an application.
- Complete an interview. Two references are required for each prospective volunteer
- Volunteers must be 15 years or older and be willing to work a minimum of one 3-hour shift each week.
- Volunteers must complete a Vulnerable Sector Check through the Nottawasaga OPP. The Auxiliary will provide a letter for you to take to the OPP.
- Volunteers must complete a 2-step TB test provided by the hospital (Occupational Health & Safety).
- Training, orientation, and parking passes are provided by Volunteer Services.

\*Student volunteers are asked to commit to one year of service.

\*For volunteers who would like to expand upon their leadership experience, there are opportunities to become an Auxiliary Officer (i.e. President, Vice President, Secretary, Treasurer) or a Convenor who oversees a team of volunteers.

## Contact us to get started.

Getting started is simple. Call the Auxiliary Office at 705 435-3377, ext. 1281 and leave a message. Your call will be returned.





# Message from SMH Foundation

Our community is fortunate to have Stevenson Memorial Hospital, which provides critical healthcare services to its members. Whether it's a medical emergency, a life-saving procedure, or the arrival of a new family member, the care provided at Stevenson has touched countless lives.

As our region continues to grow, the demand for services only increases. We are pleased to play a pivotal role in ensuring the hospital has the latest equipment and new facilities to deliver excellent care. We are grateful to our volunteers, donors, and partners committed to ensuring our hospital remains at the forefront of hospital services. The Because of You, We Can campaign is an exciting initiative in our community that will transform Stevenson and help to improve care for patients by helping to fund a new build and equipment.

The new build will wrap around the hospital's current facility, tripling the size of the hospital and allowing for a revitalization of many clinical areas. Our inpatient capacity will increase by twenty percent, and the Emergency Department will triple in size and have a separate entrance with enclosed ambulance bays. The new build will improve our Laboratory space, surgical suites, private inpatient rooms, diagnostic imaging, and birthing suites.

Although the province is funding a large portion of the new build, it is important to point out that our community is responsible for 10 percent of the capital costs and all of the equipment needs. Through the efforts of the Because of You, We Can campaign volunteers, we are working hard to ensure all the necessary funds are raised. We are confident the community will step up to ensure our hospital stays at the cutting edge of hospital care. Your contribution, no matter the size, is crucial to our success. Together, we can make a difference.

We invite you to visit us at [www.transformingstevenson.ca](http://www.transformingstevenson.ca) to learn more about Stevenson's new build and the Because of You, We Can campaign.

We look forward to working with you to ensure this community finally gets the hospital it deserves.

Sincerely,

**Frank Cerisano**

*Chief Executive Officer, Stevenson Memorial Hospital Foundation*

# Stevenson@Home

Stevenson Memorial Hospital (SMH) introduced a new initiative called Stevenson@Home in collaboration with Bayshore HealthCare in November 2023. This program enables eligible patients to receive care at home following their discharge from the hospital.

The Stevenson@Home program is designed to benefit patients, their families, and the hospital. By allowing patients to continue receiving necessary care in the familiar environment of their homes, their recovery can be enhanced. Simultaneously, the program supports hospital capacity and patient flow needs.

Throughout the province, hospitals are facing the challenge of accommodating Alternative Level of Care (ALC) patients who no longer require acute care but are unable to be discharged due to a lack of necessary support at home. Stevenson Memorial Hospital is no exception to this issue.

The Stevenson@Home team comprises a care transition navigator, nurses, personal support workers, occupational therapists, physiotherapists, social workers, and dietitians in collaboration with Bayshore HealthCare. Eligible patients and their families will have the opportunity to meet with SMH staff to discuss program enrollment, understand what to anticipate, and collaborate with Bayshore HealthCare professionals to develop a personalized care plan tailored to their specific needs at home.

Maureen Charlebois, Chief Nursing & Clinical Officer at Bayshore HealthCare, commented, “Bayshore is at the forefront of transforming the care model from hospital to home. We are privileged to partner with Stevenson Memorial Hospital to offer patients evidence-based quality care, ensuring positive health outcomes in the comfort of their own homes.”





Stevenson Memorial Hospital has received approval from the Ministry of Health to move forward with an exciting addition to the facility. This redevelopment plan aims to significantly enhance the clinical services offered at Stevenson Memorial Hospital, ensuring it continues to meet the evolving needs of the community.

The redevelopment plan will triple the size of the current hospital, and includes an extensive expansion of clinical services at Stevenson Memorial Hospital. Key areas that will be enhanced are:

- Emergency Department
- Laboratory
- Medical/Surgical Inpatient Unit
- Diagnostic Imaging
- Surgical Suite
- Obstetrics (Birthing Unit)
- Pharmacy
- Medical Device Reprocessing
- Environmental Services
- Materials Management



The new design will focus on bringing in plenty of natural light, a modern look, and revitalized gardens and green spaces. Additionally, a new elevated helipad will be built as part of the project. Preparatory work is already underway to get the site ready for construction.

From 2025 to 2028, the community can expect to see significant construction activity and hear more noise than usual around the hospital. Once complete, the redeveloped Stevenson Memorial Hospital will provide high-quality healthcare for patients and families in New Tecumseth and surrounding areas for years to come.

Once the redevelopment is completed, Stevenson Memorial Hospital will be fully equipped to provide high-quality healthcare services tailored to the needs of patients and their families. This transformative project is aimed at ensuring that the hospital can effectively accommodate growing demands and deliver exceptional care.

For the most current updates and more information about the Stevenson Memorial Hospital redevelopment, please visit our website at [stevensonhospital.ca](http://stevensonhospital.ca). Your support and patience during this time of transition are greatly appreciated as we work together to enhance our community's healthcare services.

# Stevenson Memorial Hospital Phone Directory

Department	Extension
Administration	3200
Corporate Communications	4281
Diabetes Education Bookings	2346
Booking Dept. <i>(i.e. diagnostic imaging, fracture clinic, well women's clinic, Echo)</i>	5133
Foundation	2350
Gift Shop	2244
Health Information Management (Health Records)	1216
Human Resources	3354
Laboratory	4317
Mary McGill Mental Health Centre	5140
Obstetrics/Birthing Unit	2235
OB Clinic (OBGYN & Gynecologist)	5144
OHIP Physiotherapy Clinic	(705) 999-6607
Outpatient Clinic Dept.	2346
Patient Accounts / Finance	3206
Patient Experience	2310
Privacy Officer	1347
Rehabilitation	1217
Sleep Clinic	(705) 435-5800
Volunteers	1281

# Community Supporters

This booklet was made possible thanks to the generous donations of our community supporters.

Disclaimer: We thank all the advertisers whose support has made this publication possible. The appearance of the advertisements in this publication should not be taken as an endorsement by our hospital of any particular goods or services and our hospital cannot be responsible for the goods and services which appear in those advertisements.

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# SUPPORTING OUR LOCAL HOSPITALS



The Simcoe County Hospital Funding Alliance was established in 2002 to anticipate and respond to our community needs and to ensure this health-care funding was distributed equitably across all of our local hospitals. In June 2017, County Council approved continued hospital funding for a total \$45 million commitment, with \$3 million distributed annually to the Simcoe County Hospital Alliance over a 15-year period from 2017 to 2031.

Of the County's 15-year, \$45 million commitment, **Stevenson Memorial is anticipated to receive \$10 million supporting its redevelopment project.** Since 2002, the County of Simcoe has provided more than \$4.2 million in support of Stevenson Memorial Hospital.



**Residential & Community Hospice**  
131 Wellington Street East  
Alliston, ON L9R 1B7

### Compassionate Hospice & Community Support Services

*We walk together with clients and families on their journey of illness and grief. At Matthews House Hospice, we support our clients in living life fully and dying with dignity. We serve South Simcoe County, including New Tecumseth, Adjala-Tosorontio, Bradford West Gwillimbury, Essa, Innisfil and surrounding communities.*

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Matthews.House | 705-435-7218



**TERRY**   
**DOWDALL** <sup>MP</sup>  
**SIMCOE-GREY**

Terry.Dowdall@parl.gc.ca

Alliston Office: 705-435-1809 Collingwood Office : 705-445-5557

TerryDowdall.2019 Terry.Dowdall TerryDowdallmp.ca

### Contact my office for assistance with:

- Congratulatory Certificates
- Canada Revenue Agency
- Immigration, Refugees and Citizenship Canada
- Service Canada
  - Employment Insurance
  - Passports
  - Pensions
- Veterans Affairs



# It's time to put you first

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Kingsmere  
Retirement Living

[aspiralife.ca](http://aspiralife.ca)

## Home health care solutions

**wellwise**

Explore a wide range of products and services designed to help you age with strength, determination, and passion – both in-store and online at [wellwise.ca](http://wellwise.ca).



Incontinence



Mobility



CPAP & Sleep Therapy



Compression



Health Monitoring



Home Safety



Equipment Rental

Available products: mobility aids, bathroom safety products, hospital beds, lift chairs, crutches and bed rails.



### Where you can find us

40+ stores across ON, AB, & BC.



Follow us on Facebook to stay updated on our sales and promotions for home healthcare products.



Present this coupon for  
**20% off\***

regular-price products at Wellwise® stores only.  
Offer valid until December 31, 2025.

Offer valid until December 31, 2025 at Wellwise® in-store locations only. Not available at Shoppers Drug Mart. Applicable to regular-priced items only, in a single transaction, before applicable taxes and shipping fees. No cash value. This coupon is for one time use only and original coupon must be presented to the customer service representative during checkout to redeem. Altered, duplicated or reproduced coupons will not be accepted. Cannot be combined with any other coupons, discounts or promotions and excludes previous purchases. We reserve the right to cancel any order due to unauthorized, altered, or ineligible use of the promotional offer and to modify or cancel this offer due to system error or unforeseen problems without notice. Other restrictions may apply, see in-store and Terms and Conditions for more details. ™ Trademarks of 911979 Alberta Ltd., used under license.

## Lakeside is Quality Focused



### Respite & Short Stay Accommodations

Recuperating from surgery, family going away on vacation, need a place to stay, let it be Lakeside. Whether it be for a few days, a week or a month, Lakeside can accommodate your needs. Home cooked meals, housekeeping and laundry all done for you – sit back and relax.

- furnished suites
- 3 nutritious well balanced meals
- linen & personal laundry done weekly
- bathing assistance
- dispensation of medication available
- vitals monitored
- emergency call system in each suite
- personal emergency pendant
- daily activities and social events



**Lakeside  
Retirement**  
AT INNISFIL

985 Innisfil Beach Road | Innisfil, ON  
705.431.8105 | [www.lakesideretirement.ca](http://www.lakesideretirement.ca)

Permanent  
accommodation  
Suites starting  
**AT \$2295**

## Need a place to recuperate after a hospital stay?



Let the experienced care team at ***The Elden Retirement Residence*** develop a customized recovery plan to meet your needs.

### You'll benefit from:

- Fully furnished suite
- Delicious Meals
- Housekeeping & Laundry
- Personal care assistance
- Medication management

*Call 905-775-1700 to speak to a care expert!*

*3131 Line 8  
Bradford, ON*

The  
**Elden**<sup>TM</sup>  
of Bradford



[www.theelden.ca](http://www.theelden.ca)



[info@theelden.ca](mailto:info@theelden.ca)

# Celebrating Serving The Seniors In Our Community For 30 Years



*We believe it is about who cares more.*

*We believe in  
living retirement years  
to the fullest.*

That's why we have designed Riverwood in a unique way—around the spacious

privacy of a comfortable, private, affordable room with all the amenities of downtown Alliston at your doorstep. Leave behind the worry of household chores as you sit back and take advantage of our many services, enjoy great meals, friendship, beautiful surroundings, and a wide variety of activities that appeal to everyone's interests.

Nestled amongst the trees on the banks of the River Boyne, Riverwood provides all of the features and services that create a retirement lifestyle of independence, security, convenience and fun. Enjoy the comfort of home in your cozy, private room.

**RIVERWOOD SENIOR LIVING** encourages independence but offers up to complete assistance of daily living activities so there will be no need to move a loved one if or when needs change. Our trained compassionate staff are here for all needs up to and including end of life care.

## **SOME OTHER BENEFITS OF LIVING AT RIVERWOOD INCLUDE:**

- Nursing Services
- Personal Support Workers
- Home cooked meals
- Activities
- Housekeeping and Laundry services
- Daily exercise class
- Physiotherapy and Massage Therapy
- Security
- Mail Delivery
- In house non-denominational chapel
- In house banking for peace of mind
- Pre-authorized debit for monthly accommodation and care cost
- Close proximity to Stevenson Memorial Hospital
- Hairdressing salon and esthetician services

*Come visit us or contact us  
for a tour or more information at:*



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